**Table: 10  
Distribution of Respondent according to Knowledge about Antenatal Visit**

|  |  |  |
| --- | --- | --- |
| **Number of advice should be taken from the doctor during pregnancy** | **Number** | **Percentage** |
| 1 times | 10 | 8.62% |
| 2 times | 15 | 12.93% |
| 3 times | 25 | 21.55% |
| 4 times | 19 | 16.38% |
| >4 times | 47 | 40.52% |
|  | **Total : 116** | **Total : 100%** |

**Table: 11  
Distribution of Respondent according to Knowledge about First Antenatal Visit**

|  |  |  |
| --- | --- | --- |
| **When the pregnant mother should consult the doctor for the first time?** | **Number** | **Percentage** |
| Just after pregnancy | 34 | 32.38% |
| (1-3) months of pregnancy | 57 | 54.28% |
| (4-6) months of pregnancy | 11 | 8.57% |
| (7-9) months of pregnancy | 02 | 1.90% |
| During labor pain | 03 | 2.85% |
|  | **Total : 107** | **Total : 100%** |

**Table: 12  
Distribution of Respondent according to Intake of extra amount of Food during Pregnancy**

|  |  |  |
| --- | --- | --- |
| **Did you take extra amount of food during pregnancy?** | **Number** | **Percentage** |
| Yes | 86 | 74.18% |
| No | 30 | 26.72% |
|  | **Total : 116** | **Total : 100%** |

**Table: 13  
Distribution of Respondent according Avoidance of extra Food during Pregnancy**

|  |  |  |
| --- | --- | --- |
| **If not, then why?** | **Number** | **Percentage** |
| Excessive growth of fetus | 01 | 3.13% |
| Loss of appetite | 26 | 81.25% |
| Economical Problem | 04 | 12.5% |
| Others | 01 | 3.13% |
|  | **Total : 32** | **Total : 100%** |